

Baby Sleeping Bag & Sleep Snuggler Guide



What tog sleeping bag should I get for a baby

Sleeping bags should fit snug at the shoulders to prevent your baby from wriggling down and covering their face. Tog ratings indicate warmth, so adjust your baby’s clothing and sleeping bag tog with the weather–no extra bedding needed. The ideal room temperature is 16–20°C.



Summer Sleeping Bag

Perfect for high summer or holidays to hot countries. We have a range of fabrications such as lightweight cotton and muslin to keep baby cool and comfortable. Approx 1 tog.



Classic Sleeping Bag

Our classic sleeping bag, available in many different designs. Choose from either a lightweight 1.5 tog or a regular 2.5 tog.



Sleep Snuggler

Keep your child cosy without the need for blankets. The 2.5 tog suits most of the year with removable sleeves and the sleeveless 1.5 tog is perfect for summer.



Winter Sleeping Bag

Ideal for use in winter or colder climates. Has detachable sleeves. Approx 3.5 tog.

Baby sleeping bag tog & temperature chart

Room Temp	Season	Which Bag	What to Wear
24°C+	High summer or holidays in hot countries	Approx. 1 Tog Summer Sleeping Bag	One Layer: Sleeveless Cotton Bodysuit
22–24°C	High summer or holidays in hot countries	Approx. 1 Tog Summer Sleeping Bag	One Layer: Short Sleeveless Cotton Bodysuit
20–22°C	Summer and daytime naps	Lightweight 1.5 Tog Bag OR 1.5 Tog Snuggler	One Layer: Short Sleeveless Cotton Bodysuit
18–20°C	All year round except warm summer	Classic 2.5 Tog Sleeping bag OR 2.5 Tog Sleep Snuggler	One Layer: Long Sleeved Cotton Bodysuit OR Cotton Sleepsuit OR Pyjamas
16–18°C	All year round except warm summer	Classic 2.5 Tog Sleeping Bag OR 2.5 Tog Sleep Snuggler	Two Layers: Long Sleeved Cotton Bodysuit & Cotton Sleepsuit OR Pyjamas
Under 16°C	Winter	Winter Sleeping Bag	Two Layers: Long Sleeved Cotton Bodysuit & Cotton Sleepsuit OR Pyjamas