



Levitex®

The Optimum Surface for Sleep  
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Levitex® Pillow sizing guide

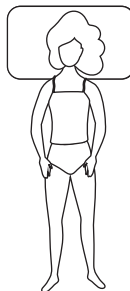


## Female sizing guide

### TOP TIP

### HEIGHT

### SLEEPING POSITION



Put another pillow  
between knees  
and ankles  
if sidelying or  
under knees if  
backlying

**under 5'1"**

**Small  
8cm**

**Small  
8cm**

**5'1" - 5'9"**

**Small  
8cm**

**Medium  
10cm**

Please Note  
Our pillows are  
not recommended  
for front sleepers

**above 5'10"**

**Medium  
10cm**

**Large  
12cm**



## TOP TIP

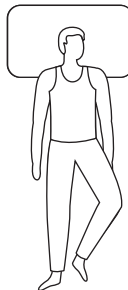
Put another pillow between knees and ankles if sidelying or under knees if backlying

Please Note  
Our pillows are not recommended for front sleepers

## HEIGHT

## SLEEPING POSITION

## Male sizing guide



**under 5'8"**

**Small**  
8cm

**Medium**  
10cm

**5'8" - 6'**

**Small**  
8cm

**Large**  
12cm

**above 6'**

**Medium**  
10cm

**X Large**  
14cm

## Sleep posture with intervention

**AFTER**



**BEFORE**

