## The Serious Dark Fix Sleekster (229546)

Our high-cocoa edit brings you the ultimate in brooding dark pralines, caramels and truffles. 30 cocoa-rich recipes.

...eating 100g of chocolate every day for three months can counteract symptoms of sleep deprivation\*... But only dark will cut it. To get a meaningful dose of brain-boosting flavanols.

## MORE DETAILS Weight 345.00 g / 12.20 oz. Dimensions L 41.00 x W 14.50 x H 3.20 cm Country of origin United Kingdom. Storage instructions Store in a cool dry place away from strong odours.

The table below gives an overview of this item's suitability for a variety of dietary requirements and preferences. This information is a guide only and we emphasise that all chocolates are made in a factory that handles tree nuts, peanuts, wheat, milk and soya and therefore may contain traces. Always refer to product packaging for full information.

• DETAILS

	YES/NO
•	Suitable for vegetarians
	YES
•	Suitable for vegans
	NO
•	Contains Tree Nuts
	YES
•	Contains Gluten/Wheat
	NO
•	Contains Peanuts
	NO
•	Contains Egg
	NO
•	Contains Milk
	YES
•	Contains Soya
	YES
٠	Contains Sulphites
	YES
٠	Contains Sesame
	NO
٠	Free from alcohol
	NO
٠	Free from artificial flavours
	YES
٠	Free from artificial colours
	YES

Ingredients: cocoa solids (cocoa mass, cocoa butter), sugar, runny caramel (glucose fructose syrup, sweetened condensed MILK, half salted butter (from MILK), sugar, salt, emulsifier (SOYA lecithin), water), HAZELNUT paste, marzipan (ALMOND NUTS, sugar, water, invert sugar syrup), HAZELNUTS, sweetened hazelnut paste (HAZELNUTS, sugar, emulsifier (sunflower lecithin)), full cream MILK powder, butter oil (from MILK), ginger pieces (dextrose, ginger, glucose syrup, sugar), stabilisers (sorbitol, glycerol),

raisins (raisins, sunflower oil, preservative (SULPHITES)), glucose syrup, red wine, nibbed HAZELNUTS, gin, port (SULPHITES), emulsifiers (SOYA lecithin, sunflower lecithin), whipping cream (cream (from MILK), stabiliser (carrageenan)), cream (from MILK), neutral alcohol, flavouring, organic cocoa powder, skimmed MILK powder, concentrated whey (from MILK), natural colours (beetroot, carotene, annatto, anthocyanin), sea salt, MILK protein, essential oil (lemon), vanilla extract, Habanero chilli powder. Dark chocolate contains minimum 70% cocoa solids. Milk chocolate contains minimum 65% cocoa solids, minimum 14% milk solids.

For allergens, including cereals containing gluten, see ingredients in BOLD. May contain traces of other tree nuts, peanuts, gluten, wheat, egg, sesame.

Caution: Although every care has been taken to remove nut shells, some may still remain.

## • TYPICAL VALUES

	PER 100G
Energy KJ / Energy Kcal	
	o 2318
	o 554
• Fat (g)	
	41.6
• Of which saturates (g)	
	20.1
• Carbohydrate (g)	
	31.7
• Of which sugars (g)	
	26.8
• Protein (g)	
	8.0
• Fibre (g)	
	9.1
• Salt (g)	
	0.1