

CADBURY CHOCOLATE THANK YOU GIFT

CADBURY DAIRY MILK CHOCOLATE BAR 200g

Contains **MILK**. May Contain **NUTS, WHEAT**.

Typical values	Per 100 g	Per 5 Chunks (25 g)	*Reference Intakes
Energy	2232 kJ	557 kJ	8400 kJ /
Fat	30 g	7.6 g	70 g
of which Saturates	18 g	4.6 g	20 g
Carbohydrate	57 g	14 g	260 g
of which Sugars	56 g	14 g	90 g
Fibre	2.1 g	0.5 g	-
Protein	7.3 g	1.8 g	50 g
Salt	0.24 g	0.06 g	6 g

*% reference intake of an average adult (8400 kJ / 2000 kcal)

CADBURY CRUNCHIE CHOCOLATE BAR 40g

Contains **MILK**.

Typical values	Per 100 g	Per Bar (40g)
Energy	1955 kJ / 465 kcal	782 kJ / 186 kcal
Fat	17 g	6.9 g
of which Saturates	10 g	4.0 g
Carbohydrate	74 g	29 g
of which Sugars	65 g	26 g
Fibre	1.3 g	0.5 g
Protein	3.1 g	1.2 g
Salt	0.72 g	0.29 g

*% reference intake of an average adult (8400 kJ / 2000 kcal)

CADBURY CURLY WURLY CHOCOLATE BAR 26g

Contains **MILK**.

Typical values	Per 100 g	Per Bar (26g)
Energy	1905 kJ (453 kcal)	495 kJ (118 kcal)
Fat	18 g	4.6 g
of which Saturates	9.5 g	2.5 g
Carbohydrate	70 g	18 g
of which Sugars	49 g	13 g
Fibre	0.7 g	0.2 g
Protein	3.1 g	0.8 g
Salt	0.58 g	0.15 g

*% reference intake of an average adult (8400 kJ / 2000 kcal)

CADBURY FLAKE CHOCOLATE BAR 32g

Contains **MILK**.

Typical values	Per 100 g	Per Bar (32g)	*Reference Intakes
Energy	2230 kJ/535 kcal	713 kJ/171 kcal	8400 kJ/2000 kcal
Fat	30.5g	9.8g	70g
of which Saturates	19g	6.1g	20g
Carbohydrate	56g	18g	260g
of which Sugars	55.5g	18g	90g
Fibre	0.7g	0.2g	-
Protein	8.1g	2.6g	50g
Salt	0.28g	0.09g	6g

*% reference intake of an average adult (8400 kJ / 2000 kcal)

CADBURY HEROES CHOCOLATE CARTON 185g

Contains **MILK, SOYA**. May Contain **NUTS**.

Typical values	Per 100 g	*Reference Intakes
Energy	2000 kJ	8400 kJ
Fat	22.0g	70g
of which Saturates	13.0g	20g
Carbohydrate	65.0g	260g
of which Sugars	56.0g	90g
Fibre	0.5g	-
Protein	4.5g	50g
Salt	0.30g	5g

*% reference intake of an average adult (8400 kJ / 2000 kcal)

CADBURY WISPA CHOCOLATE BAR 36g

Contains **MILK**. May Contain **NUTS**.

Typical values	Per 100 g	Per Bar (36g)
Energy	2309 kJ (554 kcal)	831 kJ (199 kcal)
Fat	34.0 g	12.0 g
of which Saturates	21.0 g	7.4 g
Carbohydrate	53.0 g	19.0 g
of which Sugars	52.0 g	19.0 g
Fibre	2.3 g	0.8 g
Protein	7.1 g	2.5 g
Salt	0.22 g	0.08 g

*% reference intake of an average adult (8400 kJ / 2000 kcal)

CADBURY DOUBLE DECKER CHOCOLATE BAR 54.5g

Contains **BARLEY, EGGS, MILK, SOYA, WHEAT**. May Contain **NUTS, PEANUTS**.

Typical values	Per 100 g	Per Bar (54.5g)
Energy	1929 kJ (459 kcal)	1051 kJ (250 kcal)
Fat	16 g	9.0 g
of which Saturates	8.6 g	4.7 g
Carbohydrate	73 g	40 g
of which Sugars	54 g	30 g
Fibre	1.5 g	0.8 g
Protein	3.7 g	2.0 g
Salt	0.19 g	0.10 g

*% reference intake of an average adult (8400 kJ / 2000 kcal)