

<b>Item Identifiers</b>	
<b>Brand</b>	Weleda
<b>Item Number</b>	AE8928
<b>Article Number</b>	Not Applicable
<b>EAN</b>	4001638095105
<b>Legal Online Product Information</b>	
<b>Function</b>	Skincare
<b>Specific Product Information</b>	Perineum Massage Oil 50ml
<b>Net Weight / Volume</b>	Not Applicable
<b>Instructions for safe use</b>	<p>Can be applied by yourself or with a partner. Massage 3-4 times a week for 5-10 minutes, from the 34th week of pregnancy. Best used after first bathing in warm water and making sure the bladder is empty. Settle into a relaxed, comfortable position. Moisten the thumb (or index finger if your partner is massaging) with Perineum Massage Oil and glide gently over the tissues, ensuring the massage is painless. Insert the finger into the vagina to around the second finger joint. Massage rhythmically with a light touch on the vaginal wall in a rotating movement, like the hand of a clock moving back and forth from 3 to 9. With each massage the tissues and muscles will feel more relaxed and softer, so that the length of the massage can be increased. Massage the perineum until a light tingling can be felt, then massage the tissue between the vagina and anus gently between the thumb and middle fingers. After massage excess oil can be removed by washing in warm water. If you have any concerns about perineal massage, please consult your midwife or doctor.</p>
<b>Product Expiry</b>	Check product for expiry date
<b>Ingredients Information</b>	
<b>Ingredients</b>	Prunus Amygdalus Dulcis (Sweet Almond) Oil, Triticum Vulgare (Wheat) Germ Oil, Sesamum Indicum (Sesame) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Fragrance (Parfum)*, Limonene*, Linalool*, Citronellol*, Geraniol*, Citral*, Eugenol*
<b>VOC Level</b>	Not Applicable
<b>Alcohol Content</b>	Not Applicable
<b>Warning and Hazard Information</b>	
<b>Warning Pictograms</b>	Not Applicable
<b>Hazard and Precautionary Statements</b>	Not Applicable
<b>EU Authorised Representative Address</b>	Weleda, D-73525 Schwabisch, Gmund
<b>UFI Code</b>	Not Applicable