

Sweet Sleep Box

Better You Magnesium Sensitive

Contains

Concentrated solution of Zechstein Inside® magnesium chloride hexahydrate (water, magnesium chloride hexahydrate – 15% concentration).

Natural Birthing Company Sleep Pillow Mist

100ml

Contains:

Aqua, alcohol, polysorbate 20, citrus, Aurantium bergamia fruit oil, lavandula angustifolia oil, anthemis nobilis flower oil, citrus grandis peel oil, linalool, limonene, ceraniol

Hottea Mama Night Owl Tea

15 biodegradable pyramid tea bags

Gluten free and vegan friendly

Contains:

Valerian root, lavender, lime flowers, chamomile and rooibos